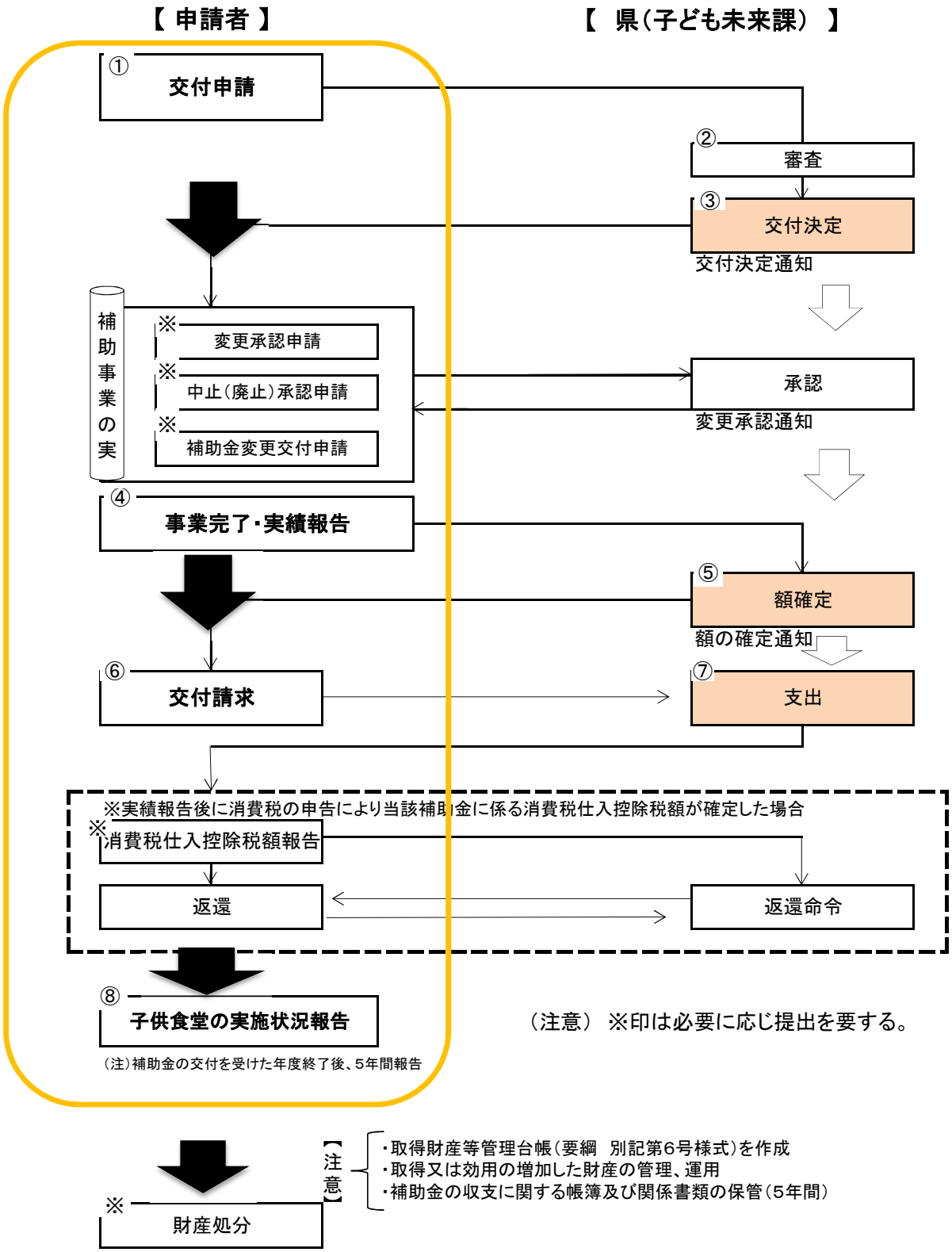和歌山子供食堂支援事業の流れ