

Press release: June 18, 2020

## **Requests to the residents during the transition period (Ver. 10)**

Based on the understanding that measures to prevent the spread of COVID-19 are made of efforts of healthcare administration and those of the residents such as self-restraint in daily activities and business operations, Wakayama Prefecture has contained the spread of infections by these two kinds of efforts.

On the other hand, infections have not been fully contained on a national level, and there is concern about the second wave of infections. In Wakayama Prefecture, the specific criteria\* has been adopted to re-raise the level of requests for self-restraint. Moreover, the structure of sufficient medical care delivery has been developed by expanding PCR testing capacity and increasing the number of hospital beds. Through these efforts, the system to secure the safety of the residents has been established.

In addition, even under the current situation where infections have subsided in the prefecture, early detection, early isolation and thorough tracing will be firmly maintained as the key measures of healthcare administration to fully ensure the prevention of infections.

As the transition period shown in the basic policies by the national government will be shifted to the next phase from June 19, “Requests to the residents (Ver. 9)” was revised as below according to the current situations.

Your continuous understanding and cooperation to the measures to prevent the spread of infections during the transition period would be highly appreciated.

\* Please refer to the separately provided “Criteria to raise the level of requests for self-restraint in Wakayama prefecture”.

### **1. Safe daily life and safe outing**

#### **(1) Basic preventive measures**

- Please try to implement basic preventive measures such as social distancing, wearing a mask, washing hands, etc.
- When you go out, please avoid places with high risk of infections and go to safe places.
- Please consider practicing “New Lifestyle” suggested by the national government.

#### **(2) No close-contact settings, no overlapping of the 3Cs**

- Please avoid close-contact settings. In particular, never make the 3Cs (closed spaces, crowded places and close-contact settings) overlap.

#### **(3) When in bad physical conditions such as fever, etc.**

- If you show symptoms such as coughing or fever, please go to a clinic and never manage to go out even to commute to work or school.
- If your employees have symptoms such as coughing or fever, please take the appropriate responses such as encouraging them to go to a clinic, etc.

#### **(4) Promotion of new working style**

- Please adopt new working style by utilizing teleworking, staggered work hours, etc.

#### **(5) Compliance with the guidelines, etc. across all business sectors**

- Please thoroughly implement measures to prevent the spread of infections in consideration to the guidelines made by the prefectural government and relevant organizations across all business sectors.

#### **(6) Holding of events on an appropriate scale**

- When you hold an event, please thoroughly implement measures to prevent infections and follow the guideline provided by the national government. The event should be held on a scale appropriate to the event's aspect and category.
- Please minimize opportunities of exchanges among participants before/after the event itself as there are risks infections.

### **2. Group living facilities such as hospitals and welfare facilities**

#### **(1) Preventive measures and monitoring of health conditions for staff**

- Staff should implement basic preventive measures such as wearing a mask, disinfecting hands and fingers, etc. They should check their own temperature and self-monitor the health condition. When there is any abnormality even if only slightly, they should stop working.

#### **(2) Individual serving of meals**

- Please serve meals in individual plates, not in a buffet-style.

#### **(3) Contact and consultation with your contract doctor, etc.**

- If anyone in the facility has a fever or respiratory symptoms, please consult with your contract doctor, etc. If there are two or more with such symptoms within a week, please report it to the health center.

#### **(4) No entering of visitors to the facility for meeting**

- In principle, please refrain from meeting with visitors. If the meeting is inevitable, please make sure that the visitors will not enter the facility.
- If exceptionally permitted by the facility manager, visitors may be allowed to enter the facility on condition that they thoroughly implement measures to prevent infections.

### **\* Lifting of requests for cooperation in self-restraint, etc. (from June 19)**

The following requests will be lifted from June 19.

- Request for keeping a cautious attitude to travelling to the five prefectures of Hokkaido, Saitama, Chiba, Tokyo and Kanagawa (hereinafter referred to as the five prefectures)
- Request to those who returned to their hometown in Wakayama Prefecture or moved into the prefecture from the five prefectures for staying at home in self-isolation for two weeks and contacting "COVID-19 Call Center"
- Request for refraining from accepting visitors from the five prefectures