

Requests to the residents (August 23, 2022)

- Safe daily life and safe outing

- Thoroughly implementing basic preventive measures such as avoiding “3Cs” (closed spaces, crowded places, and close-contact settings), wearing a mask, washing hands, disinfecting hands and fingers, ensuring ventilation, etc.

- Avoiding places with high risk of infection such as crowded places and going to safe places when you go out

- PCR test, etc. (available for free) to be taken by those worried about infection even without symptoms

* From December 28, 2021 to **September 30, 2022**

Consulting with a clinic instead of taking a free test as soon as symptoms, even minor ones, are found

*** Utilization of the self-test/registration system (program to send antigen qualitative test kits and register positives) for those who meet the conditions such as mild symptom (from August 24 to September 30, 2022)**

- Careful attention and ventilation to be maintained during eating/drinking or karaoke
- Thoroughly implementing basic preventive measures and avoiding activities with high risk of infection when visiting other prefectures

- Consulting with a clinic and refraining from going to work or school as soon as symptoms are found in yourself or your family members

*** Utilization of the self-test/registration system (program to send antigen qualitative test kits and register positives) for those who meet the conditions such as mild symptom (from August 24 to September 30, 2022)**

- Careful attention to be paid when holding events
- Active use of teleworking
- Guidelines to prevent the spread of infections for each business
 - * Temperature checks at the start of each shift and wearing of a mask during work should be strictly implemented.

- Particular attention to be paid by hospitals and welfare facility services
- Early suspicion of COVID-19 by medical institutions

- Proactive consideration of vaccination by those unvaccinated
- Staying on guard even after vaccination to continue measures such as wearing of a mask

- Thorough preventive measures to be taken in schools and educational settings
 - Careful attention to be paid for practice matches/joint trainings, etc.
 - Thorough preventive measures for activities in each school in line with the guidelines specified by the relevant sports associations, etc.
 - Attention to be paid at scenes associated with club activities such as travelling, changing and eating/drinking
 - Strict self-restraint by students in going to school when symptoms such as fever are found in themselves or their family members

<To reduce the burden on the Public Health Centers>

Cooperation in self-monitoring of health conditions using the MyHER-SYS system by those who tested positive and received SMS (short message) from the Public Health Center in charge

For more details and inquiries, please contact:
Novel Coronavirus Response Headquarters of Wakayama Prefecture (073-441-2275)