

Requests to the residents (June 10, 2021)

- **Safe daily life and safe outing**

- Measures such as wearing of a mask to be continued even after vaccination
- Responsible camping and barbecue: Select a designated place such as camping sites, follow the rules set by the administrator, implement preventive measures such as avoiding close contact settings, and bring trash home
- Refraining from eating in a group or going to restaurants/bars where staff entertain customers in areas where infections are particularly widespread
- Refraining from dining and staying together in a group late into the night
- Refraining from karaoke with non-family members
- **Refraining from participating in large-scale events such as karaoke or dance parties**



- **Refraining from non-essential and non-urgent visit to Osaka, Hyogo, Kyoto, Hokkaido, Gunma, Saitama, Chiba, Tokyo, Kanagawa, Ishikawa, Gifu, Aichi, Mie, Okayama, Hiroshima, Fukuoka, Kumamoto and Okinawa Prefectures**

*Period: Until the Novel Coronavirus Headquarters of the national government delist these prefectures from areas to be covered by the state of emergency, etc. (Gunma, Ishikawa and Kumamoto Prefectures: until June 13)



- **Consulting with a clinic as soon as symptoms are found**

- Checking temperature at businesses
- Particular attention to be paid by hospitals and welfare facility services
- Self-restraint by medical and welfare facilities' staff in having meals with non-family members
- Further attention to be paid by close contacts even when they tested negative
- Early suspicion of COVID-19 by medical institutions



- Guidelines to prevent the spread of infections for each business
- Compulsory wearing of a mask at workplaces
- **Active use of teleworking**



- Postponement or cancellation of events where thorough preventive measures cannot be taken
- Postponement or cancellation of events or sales, etc. at large-scale commercial facilities and retail stores



- Restrictions on club activities at schools

No practice matches/joint trainings with schools in other prefectures

Thorough preventive measures to be taken for other activities

Safe daily life and safe outing

-All the residents of Wakayama Prefecture are requested to implement basic preventive measures such as wearing a mask, avoiding “3Cs” (closed spaces, crowded places, and close-contact settings), washing hands with soap, disinfecting hands and fingers with alcohol-based hand sanitizer, etc. With that in mind, please avoid places with high risk of infections and go to safe places when you go out.

Measures such as wearing of a mask to be continued even after vaccination

- COVID-19 vaccines are not 100% effective in preventing people from developing diseases while their high efficacy has been proven. Also, the extent to which they prevent spreading the virus to others is yet to be known. Therefore, even after vaccination, you are continuously requested to implement preventive measures thoroughly. In particular, please avoid “3Cs”, wear a mask, wash hands with soap and disinfect hands and fingers with alcohol-based hand sanitizer.

Responsible camping and barbecue: Select a designated place such as camping sites, follow the rules set by the administrator, implement preventive measures such as avoiding close contact settings, and bring trash home

- When you go camping or have a barbecue, please select a designated place such as municipal camping sites and follow the rules set by the administrator. Please also implement basic preventive measures such as avoiding close contact settings and bring trash home with you.

Refraining from eating in a group or going to restaurants/bars where staff entertain customers in areas where infections are particularly widespread

- When you visit other areas where infections are particularly widespread, please implement basic preventive measures (wearing of a mask, washing hands, etc.) and refrain from eating in a group or going to restaurants/bars where staff entertain customers.

Refraining from dining and staying together in a group late into the night

- There were cases of infection among those who had dined together with their friends for a long time late into the night and stayed overnight at their friends' home. Please refrain from such activities.

Refraining from karaoke with non-family members

- There have been some cases where many people were infected after they enjoyed karaoke in groups. In response to these cases, please refrain from singing karaoke with someone other than your family members, such as your friends.

Refraining from participating in large-scale events such as karaoke or dance parties

- There were some cluster cases suspected to be caused by events such as karaoke. Therefore, please refrain from participating in those events that involve long-lasting close-contact settings with others without wearing a mask.

Refraining from non-essential and non-urgent visit to Osaka, Hyogo, Kyoto, Hokkaido, Gunma, Saitama, Chiba, Tokyo, Kanagawa, Ishikawa, Gifu, Aichi, Mie, Okayama, Hiroshima, Fukuoka, Kumamoto and Okinawa Prefectures

- Please refrain from non-essential and non-urgent visit to these prefectures while the state of emergency is effective or the pre-emergency measures are implemented. (Gunma, Ishikawa and Kumamoto Prefectures: until June 13) When you need to go to these prefectures, please implement basic preventive measures thoroughly.

Consulting with a clinic as soon as symptoms are found

- There have been many cases where those with symptoms such as fever or weariness went to work and spread infections to people around them. As requested repeatedly, please do not neglect any mild symptoms and consult with your family doctor or nearby medical institution by phone. If you do not have a family doctor and are not sure where to consult, please contact “COVID-19 Call Center” (TEL: 073-441-2170 / FAX: 073-431-1800).

Checking temperature at businesses

- Business operators should check their employees' temperature. If their employees have any symptoms, please stop them from working and take appropriate responses such as encouraging them to go to a clinic, etc.

Particular attention to be paid by hospitals and welfare facility services

- Staff of hospitals and welfare facilities should pay particular attention not to bring infections in their facilities. All staff, including home-visit/day care providers and care managers, should thoroughly implement preventive measures, and self-monitor the health conditions more strictly, such as checking temperature at each facility.

Self-restraint by medical and welfare facilities' staff in having meals with non-family members

- There have been many cases of transmissions on group-meal occasions. In particular, those working at medical and welfare facilities need to pay careful attention as they have frequent contact with those with underlying diseases and the elderly who tend to develop severe illness by the infection. In order not to bring the virus into the facilities, related staff are requested to refrain from having meals with someone other than their family members as the risk of infection increases when such an occasion lasts long or involves drinking of alcohol.

Further attention to be paid by close contacts even when they tested negative

- In Wakayama Prefecture, close contacts of those infected are promptly identified and offered PCR tests. Therefore, there have been some cases where the close contacts tested positive in later tests during the two-week quarantine period even when they had tested negative in the first test. The close contacts are requested to stay at home in self-isolation during their quarantine period and avoid contact with other people.

Early suspicion of COVID-19 by medical institutions

- Medical institutions, clinics in particular, are requested to continuously work on early detection of COVID-19 patients by suspecting infection at an earlier stage and performing tests promptly even for those with mild symptoms such as coughing and slight fever.

Guidelines to prevent the spread of infections for each business

- Each business operator has been requested to comply with the guidelines to prevent the spread of infections made by the prefectural government and relevant business sectors. While many of the business operators have been following the guidelines, all operators should thoroughly comply with their guidelines and put a poster to prevent the spread of infections.

Compulsory wearing of a mask at workplaces

- A cluster of infections occurred at a workplace and the suspected cause of infections is a conversation without a mask during work. At workplaces, many people share the same space for a long time. Therefore, not only during meetings but also at all times, please thoroughly implement preventive measures such as wearing a mask, disinfecting hands and fingers, sanitizing shared surfaces including door knobs and handles, frequent ventilation, etc.

Active use of teleworking

- Those who are commuting to Osaka are requested to work from home (teleworking).
- In addition, business operators in the prefecture are requested to actively utilize teleworking.

Postponement or cancellation of events where thorough preventive measures cannot be taken, as well as events or sales, etc. at large-scale commercial facilities and retail stores

- Please postpone or cancel events where thorough preventive measures cannot be taken. Also, please postpone or cancel events or sales, etc. at large-scale commercial facilities and retail stores.

Restrictions on club activities at schools: No practice matches/joint trainings with schools in other prefectures / Thorough preventive measures to be taken for other activities

- Regarding club activities at schools, practice matches/joint trainings with schools in other prefectures remain prohibited. Other activities should be carried out by taking thorough preventive measures.