## Requests to the residents (May 31, 2022)

- Safe daily life and safe outing
  - Thoroughly implementing basic preventive measures such as avoiding "3Cs" (closed spaces, crowded places, and close-contact settings), wearing a mask, washing hands, disinfecting hands and fingers, etc.
  - Avoiding places with high risk of infection such as crowded places and going to safe places when you go out
- PCR test, etc. (available for free) to be taken by those worried about infection even without symptoms

\* From December 28, 2021 to June 30, 2022

Consulting with a clinic instead of taking a free test as soon as symptoms, even minor ones, are found

- · Refraining from eating in a large group
- · Careful attention and ventilation to be maintained during eating/drinking or karaoke
- Particular attention to be paid at large gathering events
- Thoroughly implementing basic preventive measures, avoiding activities with high risk of infection and behaving in line with requests from the local government in the destination when visiting other prefectures
- $\circ$  Consulting with a clinic and refraining from going to work or school as soon as symptoms are found in yourself or your family members
- Careful attention to be paid when holding events
- · Active use of teleworking
- Guidelines to prevent the spread of infections for each business
  - \* Temperature checks at the start of each shift and wearing of a mask during work should be strictly implemented.
- Particular attention to be paid by hospitals and welfare facility services
- Early suspicion of COVID-19 by medical institutions
  - \* Clinics should make family members living together with those tested positive, etc. get tested without waiting for the
- $\circ$  Proactive consideration of vaccination by those unvaccinated
- Staying on guard even after vaccination to continue measures such as wearing of a mask
- Thorough preventive measures to be taken in schools and educational settings
  - Careful attention to be paid for practice matches/joint trainings, etc. particularly with schools in areas of high risk of infection
  - Thorough preventive measures for activities in each school in line with the guidelines specified by the relevant sports associations, etc.
  - Thorough preventive measures such as wearing of a mask and ventilation for the indoor activities
  - Attention to be paid at scenes associated with club activities such as travelling, changing and eating/drinking
  - Strict self-restraint by students in going to school when symptoms such as fever are found in themselves or their family members