

Requests to the residents (March 7, 2022)

- **Safe daily life and safe outing**

- Thoroughly implementing basic preventive measures such as avoiding “3Cs” (closed spaces, crowded places, and close-contact settings), wearing a mask, washing hands, disinfecting hands and fingers, etc.

- Avoiding places with high risk of infection such as crowded places and going to safe places when you go out

- **Refraining from non-essential and non-urgent visit to the areas where pre-emergency measures should be taken**

- *Exemption applies to those covered by “Test All” rules (those with a negative result of PCR test, etc.)

- *Applicable to the areas in Hokkaido, Aomori, Ibaraki, Tochigi, Gunma, Saitama, Chiba, Tokyo, Kanagawa, Ishikawa, Gifu, Shizuoka, Aichi, Kyoto, Osaka, Hyogo, Kagawa, Kumamoto Prefectures, which are designated by each prefectural government

- **PCR test, etc. (available for free) to be taken by those worried about infection even without symptoms**

- * From December 28, 2021 to March 31, 2022

Consulting with a clinic instead of taking a free test as soon as symptoms, even minor ones, are found

- **Particular attention to be paid at parties for welcome, farewell, graduation, etc. in the season of graduation, job transfer, etc.**

- Refraining from eating in a large group
- Careful attention and ventilation to be maintained during eating/drinking or karaoke
- Particular attention to be paid at large gathering events

- Consulting with a clinic and refraining from going to work or school as soon as symptoms are found in yourself or your family members

- Careful attention to be paid when holding events
- Active use of teleworking
- Guidelines to prevent the spread of infections for each business
 - * Temperature checks at the start of each shift and wearing of a mask during work should be strictly implemented.

- Particular attention to be paid by hospitals and welfare facility services
- Early suspicion of COVID-19 by medical institutions
 - * Clinics should make family members living together with those tested positive, etc. get tested without waiting for the Public Health Center’s decision

- Proactive consideration of vaccination by those unvaccinated
- Staying on guard even after vaccination to continue measures such as wearing of a mask

- Thorough preventive measures to be taken in schools and educational settings
 - Practice matches/joint trainings, etc.: Prohibited with schools in other prefectures but allowed among schools in the prefecture if either team is qualified for the national events, etc.
 - Postponement or cancellation of competitions/tournaments except for those related to qualification for the national or regional events
 - Thorough preventive measures to be taken for activities in each school in line with the guidelines specified by the relevant sports associations, etc.
 - Attention to be paid at scenes associated with club activities such as travelling, changing and eating/drinking
 - Strict self-restraint by students in going to school when symptoms such as fever are found in themselves or their family members

For more details and inquiries, please contact:
Novel Coronavirus Response Headquarters of Wakayama Prefecture (073-441-2275)