

Requests to the residents (July 21, 2021)

Extra caution is required as the number of people who go out or travel is expected to increase during the Olympic and Paralympic Games period and summer holiday season.

- **Cheering on the Olympic and Paralympic athletes at home with your family or people you meet regularly**
- **Refraining from non-essential and non-urgent visit to Osaka, Saitama, Chiba, Tokyo, Kanagawa and Okinawa Prefectures or eating in a group or going to restaurants/bars where staff entertain customers even during essential and urgent visits**
*Period: Until the Novel Coronavirus Headquarters of the national government delist these prefectures from areas to be covered by the state of emergency, etc.
- **Careful decision based on the surrounding situation of infections on returning to the hometown in Wakayama Prefecture**
- **Consulting with a clinic and refraining from going to work or school as soon as symptoms are found in yourself or your family members**



- Safe daily life and safe outing



- Refraining from dining and staying together in a group late into the night
- Thorough preventive measures to be taken for large gathering events
- Measures such as wearing of a mask to be continued even after vaccination
- Responsible camping and barbecue: Select a designated place such as camping sites, follow the rules set by the administrator, implement preventive measures such as avoiding close contact settings, and bring trash home
- Regular ventilation during air-conditioning to be maintained



- Checking temperature at businesses
- Particular attention to be paid by hospitals and welfare facility services
- Further attention to be paid by close contacts even when they tested negative
- Early suspicion of COVID-19 by medical institutions



- Guidelines to prevent the spread of infections for each business
- Compulsory wearing of a mask at workplaces
- Active use of teleworking



- Restrictions on club activities at schools

No practice matches/joint trainings with schools in areas covered by the emergency measures, etc.
Thorough preventive measures to be taken for other activities

Cheering on the Olympic and Paralympic athletes at home with your family or people you meet regularly

- When cheering on the Olympic and Paralympic athletes, you should watch the games on TV at home only with your family or people you meet on a regular basis. Please refrain from holding viewing or cheering events that involve eating and drinking in a large group.

Refraining from non-essential and non-urgent visit to Osaka, Saitama, Chiba, Tokyo, Kanagawa and Okinawa Prefectures or eating in a group or going to restaurants/bars where staff entertain customers even during essential and urgent visits

- Please refrain from non-essential and non-urgent visit to these prefectures while the state of emergency is effective or the pre-emergency measures are implemented. When you need to go to these prefectures, please implement basic preventive measures thoroughly and refrain from eating in a group or going to restaurants/bars where staff entertain customers.

Careful decision based on the surrounding situation of infections on returning to the hometown in Wakayama Prefecture

- If you are planning to return to your hometown in Wakayama Prefecture during the summer holiday season, please be sure to follow the rules set by your local prefecture, such as self-restraint in outings and travelling to other prefectures.

Consulting with a clinic and refraining from going to work or school as soon as symptoms are found in yourself or your family members

- If you show symptoms such as fever, coughing, lost or changed sense of taste or smell, please consult with medical institutions as soon as possible, and refrain from outings including going to work or school. Even if the symptoms that you suffered on the previous day have disappeared, please try not to go to work or school as much as possible. Moreover, if these symptoms are found in your family members, please also refrain from going to work or school.

Safe daily life and safe outing

- All the residents of Wakayama Prefecture are requested to implement basic preventive measures such as wearing a mask, avoiding “3Cs” (closed spaces, crowded places, and close-contact settings), washing hands with soap, disinfecting hands and fingers with alcohol-based hand sanitizer, etc. With that in mind, please avoid places with high risk of infections and go to safe places when you go out.

Refraining from dining and staying together in a group late into the night

- There were cases of infection among those who had dined together with their friends for a long time late into the night and stayed overnight at their friends' home. Please refrain from such activities.

Thorough preventive measures to be taken for large gathering events

- Events should be held in compliance with the occupancy percentage, maximum number of people, and other guidelines defined by the national government. In addition, regardless of the scale of events, event organizers are requested to implement basic preventive measures, such as seat arrangement to avoid “3Cs”, social distancing, wearing of a mask, and activity control of performers, players and other participants during and before/after the events. If the event is expected to attract visitors from other prefectures or more than 1000 visitors, prior consultation to the prefectural government is required.

Measures such as wearing of a mask to be continued even after vaccination

- COVID-19 vaccines are not 100% effective in preventing people from developing diseases while their high efficacy has been proven. Also, the extent to which they prevent spreading the virus to others is yet to be known. Therefore, even after vaccination, you are continuously requested to implement preventive measures thoroughly. In particular, please avoid “3Cs”, wear a mask, wash hands with soap and disinfect hands and fingers with alcohol-based hand sanitizer.

Responsible camping and barbecue: Select a designated place such as camping sites, follow the rules set by the administrator, implement preventive measures such as avoiding close contact settings, and bring trash home

- When you go camping or have a barbecue, please select a designated place such as municipal camping sites and follow the rules set by the administrator. Please also implement basic preventive measures such as avoiding close contact settings and bring trash home with you.

Regular ventilation during air-conditioning to be maintained

- Using air conditioning with windows closed will increase the risk of infections as it creates a closed space. Therefore, please maintain regular ventilation.

Checking temperature at businesses

- Business operators should check their employees' temperature. If their employees have any symptoms, please stop them from working and take appropriate responses such as encouraging them to go to a clinic, etc.

Particular attention to be paid by hospitals and welfare facility services

- Staff of hospitals and welfare facilities should pay particular attention not to bring infections in their facilities. All staff, including home-visit/day care providers and care managers, should thoroughly implement preventive measures, and self-monitor the health conditions more strictly, such as checking temperature at each facility.

Further attention to be paid by close contacts even when they tested negative

- In Wakayama Prefecture, close contacts of those infected are promptly identified and offered PCR tests. Therefore, there have been some cases where the close contacts tested positive in later tests during the two-week quarantine period even when they had tested negative in the first test. The close contacts are requested to stay at home in self-isolation during their quarantine period and avoid contact with other people.

Early suspicion of COVID-19 by medical institutions

- Medical institutions, clinics in particular, are requested to continuously work on early detection of COVID-19 patients by suspecting infection at an earlier stage and performing tests promptly even for those with mild symptoms such as coughing and slight fever.

Guidelines to prevent the spread of infections for each business

- Each business operator has been requested to comply with the guidelines to prevent the spread of infections made by the prefectural government and relevant business sectors. While many of the business operators have been following the guidelines, all operators should thoroughly comply with their guidelines and put a poster to prevent the spread of infections.

Compulsory wearing of a mask at workplaces

- A cluster of infections occurred at a workplace and the suspected cause of infections is a conversation without a mask during work. At workplaces, many people share the same space for a long time. Therefore, not only during meetings but also at all times, please thoroughly implement preventive measures such as wearing a mask, disinfecting hands and fingers, sanitizing shared surfaces including door knobs and handles, frequent ventilation, etc.

Active use of teleworking

- Those who are commuting to Osaka are requested to work from home (teleworking).
- In addition, business operators in the prefecture are requested to actively utilize teleworking.

Restrictions on club activities at schools: No practice matches/joint trainings with schools in areas covered by the pre-emergency measures, etc. / Thorough preventive measures to be taken for other activities

- Regarding club activities at schools, practice matches/joint trainings with other schools are prohibited in areas where the state of emergency is effective, the pre-emergency measures are implemented, or residents are requested to refrain from non-essential and non-urgent outings. Other activities should be carried out by taking thorough preventive measures.